ABLE

1. in position to do something: physically or mentally equipped to do something, especially because of circumstances and timing
2. Capable or talented: having the necessary resources or talent to do something
3. Good at learning: quick to learn in an educational environment
4. Be able to do something: to be able or have the ability to do something

Synonym: See Intelligent

I’m not changing my tune for you
I’m marching to my own beat
You can not defeat
Me
I am able
to see between the lines and cracks
I’ve made a pact with myself
Given this opportunity
If I don’t take it
Got no one to blame but me
Close that government study book
I am not your statistic
I am able
And if you were my friend
You wouldn’t send me on this guilt trip
Teasing me because I want to learn
To be better equipped
To have a good life for myself
And my family
I am learning
I am able to wake up every morning
A day filled with endless possibilities
This tornado in my brain
is taking me to new heights
Showing you what I’m made of
I’m here to inspire you
But you inspire me
Being smart
Takes a lot of heart
Hard as nails but with a soft side
Filled an ocean with the tears I’ve cried
But I am precious
I am blessed
I have been put to the test
And I am good enough
I am able
I am tough
Out of society’s chains
I am set free
Life is hard, let there be no doubt
But I’m trying a different route
Only one I am a slave to is me
I am able to read
Able to write
Forget the sword
The pen has more might
I’m a product not of where I came from
But of where I am going to be
I’m starting to see the forest
And not just the trees
I still have a way yet to go
But listen to how able I am
I am more than my income, my sex, and
the color of my skin
I’m speaking out loud
And writing with words
I will be heard
No longer obscured
I am choosing and perusing
The next course in my life
Throw away that old label for me,
“You only got your GED”
I am able
To learn and discern
I am able
Don't know yet where all I am going
But I know where I've been
Gonna rise up
Take paper and pen
And show you just
How ABLE I am.

~ Heidi M. Bauer
GED Scholar
GED Scholars Initiative
Graduate, Kent State University