

Title: Medical Abbreviations

Objectives Students will be able to learn and recognize the most common medical abbreviations used in a medical facility.														Time frame to Complete 30 minutes									
														NRS EFL 4									
Stackable Cert.	Documentation	Technology	Study / Life skills	EL-Civics	Career Pathways	Police	Paramedic	Fire Rescue	Medical Asst.	EKG / Cardio	Phlebotomy	Practical Nursing	Healthcare Admin	Pharmacy Tech	IMT	AMT	HVAC	Welding	Other:				
			X				X		X			X	X										
Standard(s) Addressed in Lesson Read with Understanding																							
Benchmark(s) Addressed in Lesson R.4.3. Apply decoding skills (for example, multi-syllabic words) to read words R.4.7. Use word relationships to determine word meaning.																							
Materials <i>Commonly Used Abbreviations</i> handout Abbreviations quiz																							
Learner Prior Knowledge Student must understand what an abbreviation is.																							
Activities <u>Step 1</u> Distribute the list of commonly used abbreviations. Read with students. Ask students to brainstorm ways to remember each abbreviation. Ideas may include mnemonic devices, word parts (etymology), making flashcards, writing the abbreviations and their meanings five times each, and so on. <u>Step 2</u> Students should choose one study technique and study the list of words. <u>Step 3</u> When the student feels ready, have him/her complete the abbreviation quiz. <u>Step 4</u> Have the student correct his completed quiz by using the list of common medical abbreviations as his guide.																							
Assessment/Evidence Abbreviation quiz																							
Adaptations for Beginning Students Allow lower level students to use the list of abbreviations while completing the quiz.																							
Adaptations for Advanced Students																							

Teacher Reflection/Lesson Evaluation

This lesson was developed as part of a work-site study program.

This lesson was created by Middletown ABLE.

Commonly Used Abbreviations

a	before	micro	Small
ac	before meals	MRI	Magnetic resonance imaging
ACDF	anterior cervical disc fusion	NKA	No known allergies
Ad lib	at pleasure	NPO	Nothing by mouth
ADL	activities of daily living	N & V	Nausea & vomiting
ALIF	anterior lumbar interbody fusion	OOB	Out of bed
Ambul	ambulatory	OP	Outpatient
Bilat	bilateral	O & P	Ova and parasite
BM	bowel movement	OR	Operating room
BP	blood pressure	p	Pulse
BRP	bathroom privedges	p	After
BSC	bed side commode	PCA	Patient Care Assistant
c	with	PCA	Patient controlled analgesia
c & db	Cough and deep breath	peri	Around
cath	Catheter	P O	per os or by mouth
CBI	Continuous bladder irrigation	post	After
CBR	Complete bedrest	Pre-op	Preoperative
ccms	Clean cath mid stream	PRN	As needed/necessary
cl. liq.	Clear liquid	PT	Physical therapy
CNS	Central nervous system	Rehab	Rehabilitation
CPM	Continuous passive motion	ROM	Range of motion
CPR	Cardiopulmonary resuscitation	Roux-en-y	Gastric bypass surgery
CVA	Cardiovascular accident	RR	Respiratory rate
CXR	Chest x-ray	s	without
dc	Discontinue	semi	half
d/c	Discharge	SOB	Short of breath
DNR	Do not resuscitate	S/R	Side rails
dob	Date of birth	SS	Social Service
drg	Drainage	TKA	Total knee arthroplasty
drsg	Dressing	TLK	Total left knee
DVT	Deep vein thrombosis	tol	Tolerated
FSBS	Fingerstick blood sugar	TPR	Temperature, pulse, respirations
HOB	Head of bed	TURP	Transurethral resection of prostate
HOH	Hard of hearing	U/A	Urinalysis
hr	Hour	UAL	Up ad lib
hyper	Larger/increased	UTI	Urinary tract infection
I & O	Intake and output	VS	Vital signs
IV	intravenous	w/c	Wheelchair
mega	large	wt	weight

Name: _____

Abbreviation Quiz

Choose the number of the abbreviation in Column A that best matches the word in Column B.

Column A

1. CPR
2. Pre-op
3. FSBS
4. HOB
5. IV
6. HOH
7. MRI
8. NPO
9. BSC
10. O & P
11. CCMS
12. I & O
13. PT
14. VS
15. S/R
16. UA
17. DNR
18. ADL
19. hr
20. w/c
21. BP
22. CNS
23. D/C
24. ROM
25. dob
26. hyper-
27. N & V
28. NKA
29. Pt
30. BRP
31. \bar{c}
32. UTI
33. \bar{s}
34. micro-
35. mega-
36. peri-
37. semi-
38. post-

Column B

- _____ Magnetic Resonance Imaging
- _____ bathroom privileges
- _____ ova and parasites
- _____ finger stick blood sugar
- _____ nothing by mouth
- _____ activities of daily living
- _____ clean catch mid stream
- _____ blood pressure
- _____ large
- _____ wheelchair
- _____ discontinued
- _____ urinalysis
- _____ no known allergies
- _____ after
- _____ half
- _____ small
- _____ with
- _____ patient
- _____ range of motion
- _____ urinary tract infection
- _____ around
- _____ head of bed
- _____ before surgery
- _____ vital signs
- _____ bedside commode
- _____ intake and output
- _____ without
- _____ central nervous system
- _____ siderail
- _____ hour
- _____ nausea & vomiting
- _____ intravenous
- _____ increased/larger
- _____ hard of hearing
- _____ Physical Therapy
- _____ date of birth
- _____ cardiopulmonary resuscitation
- _____ do not resuscitate